



EL-28: Drug and Alcohol Management

OTHR has prepared its Drug and Alcohol Management Procedure, that describes the processes that it will follow to minimise the risk associated with Member and contractors performing their duties whilst under the influence of drugs and/or alcohol.

OTHR's procedure describes the processes to be followed to manage the potential use of drug and alcohol by its Members or contractors.

This procedure meets a number of prescribed criteria:

- Has an overarching safety policy that includes OTHR's 'zero tolerance' approach to drugs and alcohol use;
- Is available to all Members and contractors; and
- Has been developed as a result of risk assessment.

OTHR has considered the:

- time of day and days of operation;
- makeup of the workforce;
- the general health and age of the workforce
- the type of work is carried out by Members and contractors.

As part of the assessment, OTHR has considered the levels of safety risk for each Member or contractors' role so it can determine which roles require higher levels of testing.

OTHR has determined the number of rail safety workers to be tested annually.

OTHR may require drug and alcohol testing to be undertaken using external contractors.

Sign on sheets include a statement to confirm that Members and contractors are free from drugs and/or alcohol.

Members and contractors who use prescription medication are required to report details of the medication they are taking and if it has the potential to affect their ability to perform their duties.

Members and contractors who use prescription medication should also understand the impacts of self-medicating outside of prescribed dosages.

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Approved By:	OTHR Management Committee		

ALL PRINTED DOCUMENTS ARE UNCONTROLLED